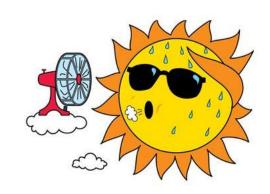
## Hot Temperature Plan – St. Daniel Comboni

As the hot weather arrives, we have put a plan in place to help keep students and teachers cool.

1. Weather will be monitored daily for heat advisories <a href="www.weathernetwork.ca">www.weathernetwork.ca</a> and when required, outdoor activities and recesses will be adjusted to limit the time outdoors.



- 2. Students are encouraged to wear wide brimmed hats, UV protective sunglasses, light coloured clothing and sunscreen.
- 3. Strenuous activities occurring outdoors will be limited –recess will be modified or include a cooling area in the building for students to cycle through should it be too warm outdoors.
- 4. Classroom lights will remain off whenever possible.
- 5. Expected activity levels will be low to avoid strenuous activities.
- 6. Students are encouraged to bring a refillable water bottle to school to take frequent drinks to within the building.
- 7. Students will be able to cool down within the building as the rooms are air conditioned.
- 8. Blinds will be kept closed in the heat of the day.
- 9. Students will be monitored for signs and symptoms of heat related illnesses such as: heavy sweating, weakness, cold, pale and clammy skin, fainting, vomiting and provide first aid treatment as required.



